



We are proud to announce Portugal's first Let Grow-style Play Club

This initiative comes to life thanks to the partnership of the **Healthy Digital Childhood Alliance**, **MARIANGA**, and **CASA Laboratório de Criação**, with inspiration and endorsement from **Let Grow**.

Let Grow is a nonprofit co-founded by Jonathan Haidt, leading the movement for childhood independence and grounded in the belief that today's kids are built to handle life's challenges, cultivating resilience and confidence through real, independent experiences.

The Play Club will be a safe, nature-connected, phone-free space at **Atelier Carlos Botelho in Parede**, where children ages **5-16** can explore, get messy, make friends, and enjoy unstructured play that builds creativity, independence, and confidence.

In this safely supervised environment, children lead their own play: no structured activities, no adult direction, just freedom to invent, problem-solve, and be kids.

Join us for a parent information session to meet the teams, learn about the concept, and see the Play Club space:

25 November at 9:00 AM, Atelier Carlos Botelho, R. António Louro, 2775-311 Parede

Our inaugural Play Club session will take place on: **5 December, 3:30-6:00 PM**, and will continue every two weeks after the winter break at the same location.

[**Sign Up to the Play Club Here**](#)

